2018 Marion County Fair

Thank you to all of our 4-H Families and Sponsors for making this year’s County Fair a great one!

Congratulations to all of our exhibitors on a job well done after a year of hard work!
2018 KSU Beef Stocker Field Day

Date: Thursday, September 20
Location: KSU Beef Stocker Unit
4330 Marlatt Ave. Manhattan, KS

The event starts with registration and coffee at 9:30 a.m. and the program at 10:15 a.m. A BBQ lunch is provided and the day ends with an evening social, the “Cutting Bull’s Lament 2018”, at 5:30 p.m. featuring prairie oysters and Call Hall ice cream. Attendees will also have a chance to tour the new student housing at the Beef Stocker Unit and observe some of the new products from Moly Manufacturing Inc.

Topics for this year's agenda include:
The Role of Stocker Producer Expectations in Cattle Buying Decisions
Producer Panel: Why Silage Fits in my Growing Diets
An Update on Pain Management in Cattle
Quality Stocker Production Considerations
The Tech Revolution, Wall Street, Baseball and the Cattle Industry
Rethinking BRD Diagnosis
Livestock Theft in Kansas
Treatment Failures that are not BRD Related

This year's event is sponsored by Merck Animal Health. Pre-registration fee for the Beef Stocker Field Day is $25 if paid by Sept. 13. More information and online registration is available at www.ksubeef.org.

Volunteer Wheat Control
An Important Step In Protecting The Wheat Crop
Tom Maxwell, Central Kansas Extension District Crop Production Agent

Now is a good time to plan for controlling volunteer wheat. Volunteer wheat within a half mile of a field that will be planted to wheat should be completely dead at least two weeks before wheat planting. This will help control wheat curl mites, Hessian fly, and greenbugs in the fall.

(article continued on next page)
The most important threat from volunteer wheat is the wheat streak mosaic virus complex. These virus diseases cause stunting and yellow streaking on the leaves. In most cases, infection can be traced to a nearby field of volunteer wheat, although there are other hosts, such as yellow foxtail and prairie cupgrass. Control of volunteer is the main defense against the wheat streak virus complex. Wheat streak mosaic virus is carried from volunteer to newly planted wheat by the wheat curl mite. The curl mite uses the wind to carry it to new hosts and can travel up to half a mile or more from volunteer wheat.

Destroying volunteer after the new wheat emerges is too late. Producers should leave enough time to have a second chance if control is incomplete. Tillage and herbicides are the two options available for volunteer control. Tillage usually works best when plants are small and conditions are relatively dry. Herbicide options depend on cropping systems and rotations. Glyphosate can be used to control emerged volunteer wheat and other weeds during the fallow period in any cropping system.

If glyphosate is used too close to planting time, volunteer may stay green long enough to transmit diseases and insects to the new crop. It may take as long as one week following glyphosate application before the wheat will die, so that needs to be considered when timing the application to break the “green bridge” for insects and diseases. The optimum time to treat with glyphosate is when most of the volunteer has emerged and is healthy and actively growing. Glyphosate can effectively control volunteer wheat that has tillered.

Those who may be planting a cover crop will need a plan to deal with volunteer wheat that comes up. Will you graze the cover crop and/or terminate it ahead of wheat seeding time? Remember, all volunteer wheat needs to be dead at least 2 weeks ahead of seeding wheat. Be a good neighbor, control your volunteer wheat.

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**FREE EVENT**

**Women in Ag Meeting**

**Topic:** Online Record Keeping  
**Date:** September 19, 2018  
**Time:** 6:30-8:30 p.m.  
**Location:** Marion City Bldg Basement  
(203 N 3rd St)

Pre Registration is required by September 10! Please contact the Marion Co FSA Office at 620-382-3714 to register. Let them know if you need to borrow a computer for the evening! Presenters include local extension agents, Tristen Cope and Rickey Roberts.

Meal begins at 6:30 p.m. Training will start promptly at 7:00.

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Do you wish to strengthen your balance, improve your flexibility, and stay healthy this Fall? If the answer is yes, you are in luck! Marion County Extension Agent, Tristen Cope will be offering the Stay Strong, Stay Healthy Program this Fall!

SSSH is an evidence based eight-week program for older adults that meets the recommendation for healthy muscle strength.

**Location:** Marion Senior Center

**Dates:** Mondays and Thursdays 10:30-11:30 AM
September 10th to November 5th

**Cost:** $20.00/Person

Register Today!

Phone: 620-382-2325
Email: tcope@ksu.edu

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**Fall Prevention Awareness Day**

**September 22, 2018**

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**6 Steps to Protecting Your Older Loved One from a Fall**

Did you know that 1 in 4 older Americans falls every year? Falls are the leading cause of both fatal and nonfatal injuries for people aged 65+.

Falls can result in hip fractures, broken bones, and head injuries. And even falls without a major injury can cause an older adult to become fearful or depressed, making it difficult for them to stay active.

If you have an aging parent, grandparent, or neighbor in your life, helping them reduce their risk of falling is a great way to help them stay healthy and independent as long as possible.

Here are 6 easy steps you can take to help your older loved one reduce their risk of a fall:

1. Enlist their support in taking simple steps to stay safe.
2. Discuss current health conditions.
3. Ask about their last eye check-up.
4. Notice if they’re holding onto walls, furniture, or someone else when walking or if they appear to have difficulty walking or arising from a chair.
5. Talk about their medications.
6. Do a walk-through safety assessment of their home.

For more information: National Council on Aging
Kids a Cookin’ & Movin’

September 24, 2018
1:00-3:00 PM

Looking for a FREE kid friendly activity when school is out on September 24th? Join us at the Marion Community Building (203 N 3rd St) for an interactive program sponsored by Marion County K-State Research and Extension and Marion Parks and Recreation!

Sign Up by September 17th at:
https://tinyurl.com/MarionCoProgram

Wednesday, September 12th
OR
Wednesday, September 26th
6:30 - 8:30 PM
Marion Community Building
(203 N 3rd St.)

Sign up by September 10th @
https://tinyurl.com/MarionCoServSafe

#PrepareKANSAS
Take Steps Ahead of Disaster
K-STATE Research and Extension

September 15th is National Preparedness Day. Take your part by working on the #PrepareKansas Challenges on our Facebook Page!
**4-H Focus**

*4-H is a community of young people across America who are learning leadership, citizenship and life skills.*

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**4-H Officer Training and 4-H Council Meeting**

Monday, September 24
Officer Training: 6:30 PM
4-H Council: 7:30 PM
Hillsboro United Methodist Church

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**You’re Invited!**

**48 Hours of 4-H Service**

Date: Sunday, Oct. 14
Time: 2:00 p.m.
Place: 4-H Fairgrounds

**RSVP By: Oct 12**

Wear some old clothes! We are painting the arena this year! Plan to work on projects until 5:00 PM. After, we will roast hot dogs and enjoy a potluck meal. 4-H Council will provide hot dogs, drinks & paper ware. Families are asked to bring side dishes.

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**Kansas 4-H Award Portfolios (KAPs) and Pin Applications**

are due in the Extension Office by 5:00 p.m. on October 5th!

Be sure to check with your local club leader to find out YOUR club deadline!
Your club leader will look at your KAP’s as well as your pin applications before submitting them to the Extension Office.

Pin Applications and KAP forms can be found on our website:

http://www.marion.k-state.edu/4-h/forms/index.html

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#484H

K-STATE Research and Extension
4-H Family Fun with Officer Training

Join us for a Multi-County 4-H Event on October 27th, 2018 from 8:00-11:30 AM at the Sedgwick County Extension Office!

Sessions for Officers, 4-Hers, Younger Siblings, 4-H Parents, and 4-H Leaders!

More info to Come!

2018 Achievement Banquet

Date: Sunday, November 4
Time: 6:00 PM
Location: Marion Community Building
Help us celebrate the many achievements of our 4-H Youth and Leaders!

More info to come!

Come support our Marion County Exhibitors at the Kansas State Fair in Hutchinson!

Have you recently attended a 4-H event or been working on a fair project? Please send us photos or video clips!

Check out our website for more!
http://www.marion.k-state.edu/4-h/4HUpdate.html
Upcoming Events

Sept. 3: Labor Day—OFFICE CLOSED
Sept. 4: SSSH Registration Due
Sept. 6: KS State Fair Project Drop-Off Deadline
Sept. 7-16: Kansas State Fair in Hutchinson
Sept. 10: SSSH Begins
Sept. 12: ServSafe Class
Sept. 19: Women in Ag Event
Sept. 24: Kids a Cookin’ & Movin’
Sept. 24: 4-H Council Meeting
Sept. 26: ServSafe Class
Oct. 1: 4-H Online Enrollment Begins
Oct. 5: KS 4-H Award Portfolio (KAP) Deadline