Join us for the Key to Farming SUCCESSION conference on Tuesday, March 20th from 10:00 AM to 4:00 PM. Attendees will leave with new knowledge and strategies to grow their business and secure farm assets for future generations.

Keynote Speaker: Roger McEowen, Kansas Farm Bureau Professor of Agriculture Law and Taxation at Washburn University Law School

Featured Break-Out Sessions:
- Advanced Healthcare Planning
- Where Do I Start?
- Preparing for the What If
- Estate Planning 101
- New Tax Laws
- Navigating Family Differences

Registration Fee:
- $40.00 for first individual
- $30.00 for each additional family member
- $30.00 for students

Registration includes: resource notebook, lunch, & refreshments

Register online before March 9
https://tinyurl.com/KeyToFarmingSUCCESSION2018
Cattlemen’s Day — Friday, March 2, 2018 at KSU

8:00 a.m. Commercial Trade Show (Weber Arena)

10:00 a.m. Welcome – Evan Titgemeyer, Interim Department Head, ASI

  Introduction of Speakers – Ken Odde, ASI
  Trade Issues in the Beef Industry – Gregg Doud, Commodity Market Council President
  Beef Cattle Outlook and International Trade as a Key Driver of Profitability - Dr. Glynn Tonsor, KSU Agricultural Economist

12:00 p.m. Lunch - Commercial Trade Show

Afternoon Break-out Sessions:
- Weber Hall Room 111
  1:00 p.m. Feeding Cull Cows for Profit – Terry Houser
  2:00 p.m. Bud Box Operations – Justin Waggoner

- Weber Hall Room 123
  1:00 p.m. Development of Work Skills through Internships – Ken Odde and Karol Fike

- Weber Hall Room 146
  1:00 p.m. Can Split-time Insemination Improve Profit in Your AI Program – Sandy Johnson
  2:00 p.m. Late Season Burning: a Strategy for Sericea Control – KC Olson

Purebred Beef Unit
- 1:00 p.m. Tour of the Feed Intake Measurement Facility – Bob Weaber
- 2:00 p.m. Using Postmortem Examination to Enhance Herd Health Management – A.J. Tarpoff

http://www.asi.ksu.edu/events/cattlemens-day/index.html

$20.00 in advance
$30.00 at the door
Lunch & refreshments included

41st Annual Legacy Bull & Female Sale
March 2, 2018 @ 3:30 p.m.
Stanley Stout Center
www.asi.ksu.edu/legacysale

Tractor Safety
Kansas Hazardous Occupational Training
March 28th & 29th from 5:00 - 9:00 pm
Tri-County Fair 4-H Building at 800 S. Broadway Herington, KS

This training provides certification for 14 & 15 year olds to work for hire on farms not owned by their family. More info can be found at www.bae.ksu.edu/extension/

Cost = $10.00 (can be paid at the door; includes meals and workbook)
Please RSVP by March 23rd to Marion Co Extension (620-382-2325) or rroberts@ksu.edu
**What Beef Producers Should Be Thinking About in April**

*by Dale Blasi, Extension Beef Specialist*

- Consider calving in April: stress is minimized and forage/grass management may be optimized.
- Supplement and feed cows to maintain or improve body condition prior to the breeding season (cows should be in moderate body condition by the start of the breeding season to maximize fertility).
- For thin, young cows, consider feeding fat to improve rebreeding rates. Research indicates that when feeding about .4 lb/head/day of a plant source, fat can increase first-service conception and pregnancy rates (0—15%). Feeding fat can be effective both before and after calving. Consult your nutritionist.
- Mineral supplementation should include greater levels of magnesium (intake should be between 15-30 grams/head/day, or at least 11% of the mineral mix) for grass tetany prevention.
- Plan: Make sure all supplies and semen are on hand prior to the breeding season. For natural-service programs assign yearling bulls to 10-15 cows, 2- and 3-year-old bulls to 20-25 cows, and older bulls to 25-40 cows. Breeding for 65 days should be long enough; less than 90 days is a key sign of good management. Some suggest the service capacity of a yearling bull (less than 24 months) is equal to his age in months at turn out.
- Bulls should be in good body condition prior to the breeding season. Thin bulls can run out of stamina. Now is the time to make sure bulls are physically capable of performing for the upcoming summer breeding season. Breeding soundness examinations are recommended for all bulls!
- Consider breeding heifers 3 weeks prior to the mature cow herd to give them a greater chance to rebreed.
- Good fences make good neighbors. Summer pastures should have fences checked/repaired/replaced by now.

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**Soil Health Workshop — March 8 in Manhattan**

A Riley County Soil Health Workshop will be held on Thursday, March 8, at Pottorf Hall, CiCo Park in Manhattan from 9:00 a.m. to 2:00 p.m.

The workshop is hosted by K-State Research and Extension and the Natural Resources Conservation Service. The workshop will discuss and highlight recent cover crop research and how cover crops relate to soil health.

**Topics and Speakers Include:**

- **Using Cover Crops as a Tool for Weed Control** - Anita Dille (Weed Ecology)
- **Cover Crops and the Nitrogen Cycle in the Rotation** - Peter Tomlinson (Environmental Quality)
- **Sorghum Response to Cover Crops in No-Till Systems** - Kraig Roozeboom (Crop Production)
- **Protecting Surface Water with Healthy Soils, Cover Crops, and Fertilizer Management** - Nathan Nelson (Soil Fertility and Nutrient Management)
- **Building Better Soils with Cover Crops** - DeAnn Presley (Soil Management)
- **Cover Crops in a Soybean Production System** - Doug Shoup (Southeast Area Crops and Soils)
- **Covers for Use by Cattle** - Jaymelynn Farney (Southeast Area Beef Systems)

Registration for the workshop is free and lunch will be provided. Participants are asked to register by Monday, March 5. Contact the Riley County Conservation District to reserve your spot by calling 785-537-8764 or emailing Aubrey.evans@ks.nacdnet.net

*The event is limited to 200 people, so don’t wait too long to register!*
Don’t Forget to Stretch!

Stretching is a form of exercise in which a specific skeletal muscle or muscle group is deliberately elongated (stretched) to its fullest length in order to improve the muscle’s elasticity and restore comfortable muscle tone. Most endurance and strength exercises, along with some balance exercises, naturally cause muscles to contract and flex—which is why regular stretching should be part of any exercise program. Stretching results in increased muscle control, range of motion and flexibility.

Flexibility is an important part of physical fitness. Some types of physical activity require more flexibility than others. For example, it takes more flexibility for dancing than jogging. However, improved flexibility will help with everyday activities such as bending over to tie your shoes or reaching up to get a book off a high bookshelf.

Information Derived From: University of Arkansas Publication FSFCS34, The Stay Strong Stay Healthy Program
Thank You!

One of the donations to the Marion County Food Bank and Resource Center this past month, was five shopping carts to assist the volunteers and neighbors. What a great resource to help all involved transport their food!

Before you give to your local pantry, think about filling a healthy plate.

**Food Group** | **Suggested Non-Perishable Items**
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**Fruits** | Canned in light syrup or juice; dried: - peaches - fruit cocktail - oranges - pears - applesauce - apples - cranberries (canned/dried) - raisins - pineapple - 100% Fruit Juice
**Low sodium canned:** - corn - peas - carrots - beets - green & wax beans - mixed vegetables - sweet potatoes/yams - tomatoes and tomato sauces - soup
**Healthful Grains:** - whole-grain crackers - brown rice - whole grain pasta - whole-grain breakfast cereal - whole wheat flour - cornmeal - oatmeal - granola bars
**Protein Foods:** - canned or dried beans: kidney, navy, garbanzo, pinto, great northern, black - canned tuna or salmon (water packed) - canned chicken - nuts: walnuts, pecans, peanuts, almonds - nut butters
**Dairy:** - nonfat dry milk - evaporated milk - shelf-stable (UHT) milk

For individuals with limited kitchen access:
- single-serve, canned pull-tab foods such as fruits, vegetables, pastas, stews, chili, bean-veggies, savori, meats such as Vienna sausages, chicken and noodles, pasta with meat, etc.
- Individual 100% juice boxes

Contact your local food pantry to find out what other items they may need. Consider gluten-free, dairy-free, nut free items as well.

THANK YOU FOR YOUR DONATION!
YOUR NEIGHBORS WILL EAT HEALTHIER WHEN YOU DONATE FOODS BASED ON MyPlate.

Volunteers Needed

ARE YOU LOOKING FOR A SERVICE PROJECT FOR YOUR ORGANIZATION? THE MARION COMMUNITY GARDEN IS LOOKING FOR VOLUNTEERS TO ASSIST WITH PLANTING, WEEDING, AND HARVESTING FOR THE 2018 GARDENING YEAR!

CONTACT TASSON COWE TODAY!
Beef Tagging
Two options this year:

Friday, March 9\textsuperscript{th} - 5:00 p.m. - Hillsboro Animal Clinic

OR at the Spring Beef Show on Saturday, March 31\textsuperscript{st}

All market steers & commercial heifers will need to be tagged. For the steers, the Spring Beef Show will serve as the beginning weight for our county rate of gain.

Sheep, Swine and Goat Tagging
Wednesday, May 2\textsuperscript{nd} - 6:00 p.m. - Marion County Fairgrounds

If your animals need tagged before May 2, bring them to Rickey at any time.

\textbf{NOTE}: There will be a $75.00 trip charge for tagging done at your own farm.

Check out our website for even more events and details!

* Including: Area Livestock Events, Jr Producer Days, Photography Workshops

(Bookmark this page and visit often as we update weekly.)

http://www.marion.k-state.edu/4-h/4HUpdate.html

County Fair Superintendents & Assistants Needed
Planning for the 2018 Marion County Fair is underway and we are looking for help! If you are interested in being a Superintendent or Assistant, please let us know what projects you would like to help with.
2018 Ozsome Camp

★ June 13-16: Join your friends for swimming, canoeing, horseback riding, and more nature-filled fun at the Rock Springs 4-H Center. **Rookie Camp** is available for those finishing 1st & 2nd grade this May. **Full Time Camp** is for those finishing 3rd - 7th grade. **Registration is due May 9.** The 4-H Endowment Fund is providing scholarships to all members! ($100 for Full Time Campers and $50 for Rookies)

Do you enjoy kids, have lots of energy, and love the outdoors?! **Apply to be a camp counselor or an adult volunteer!**

More information and registration can be found on our website.

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**Club Day**

Great job to everyone who participated in the 2018 Multi-County Club Day! This year we had approximately 120 participants from Marion, Harvey, and McPherson counties.

4-H’ers participated in Photography and Horticulture Judging, Pickle Power, speaking and musical events. Thank you to all who participated and volunteered to help!
Upcoming Events

March 2—Cattleman’s Day/ Legacy Bull & Female Sale
March 8—Soil Health Workshop
March 11—Daylight Savings Time
March 18—Walk KS begins
March 20—Farm SUCCESSion Conference
March 28 & 29—Tractor Safety Training
March 31—Marion Co Spring Beef Show

ALSO INSIDE
Livestock tagging
4-H Camp dates