Thank You

As many of you may know, our Office Professional, Jana Miller, will be leaving at the end of the year to work on her family Farm. Although we are saddened to see her leave the Team, we are excited for the new adventure that awaits for her family. Please join us in giving thanks for all of Jana’s hard work!

P.S. Don’t be surprised if you see Jana around as she will be a 4-H Community Leader for the Peabody Achievers Club!

Welcome

We would like to welcome our new Office Professional, Erin Page, to the Marion County KSRE Office! Erin comes from Illinois, but has been a Marion County Resident since 2015. Erin brings a great skillset to the Office with a Bachelors Degree in Agriculture Business and Associates Degree in Horticulture. We look forward to getting to know Erin and welcome her to our Team! Please stop by and say “hi” as she begins December 2nd.
Dormant Seeding of Turfgrass (Ward Upham) The best time to seed cool-season grasses such as tall fescue and Kentucky bluegrass is September because the turf has more time to mature before spring crabgrass germination and the heat stress of summer. Dormant seeding of turfgrass is sometimes used to help fill in bare spots of lawns that weren’t overseeded in the fall. Dormant overseeding is done during the winter (December – February) when it is much too cold for germination.

As with any seeding program, good seed-soil contact is vital. Several methods can be used. One method is to seed when there has been a light snowfall of up to an inch. This is shallow enough that bare spots can still be seen. Spread seed by hand on areas that need thickening up. As the snow melts, it brings the seed into good contact with the soil where it will germinate in the spring.

Another method is dependent on the surface of the soil being moist followed by freezing weather. As moist soil freezes and thaws, small pockets are formed on the wet, bare soil that is perfect for catching and holding seed. As the soil dries, the pockets collapse and cover the seed. A third method involves core aerating, verticutting or hand raking and broadcasting seed immediately after. Of course, the soil must be dry enough and unfrozen for this to be practical.

With any of the above methods, seed germinates in the spring as early as possible. There will be limitations on what herbicides can be used for weed control. Tupersan (siduron) can be used as a crabgrass preventer on new seedings even before they have come up. Also dithiopyr, found in Hi-Yield Turf and Ornamental Weed and Grass Stopper and Bonide Crabgrass & Weed Preventer, can be used on tall fescue, Kentucky bluegrass, and perennial ryegrass two weeks after germination. Dithiopyr is longer lasting and more effective than siduron. Other reemergence herbicides available to homeowners require that the turf be well established before application.
**Cattlemen’s Day 2020**

**Friday, March 6**

The trade show and educational exhibits will open at 8 a.m. in Weber Arena.
Registration: $20 per person in advance or $30 per person at the door.
Morning refreshments and lunch are included with registration.
A complete schedule will be coming soon to [www.asi.ksu.edu/cattlemensday](http://www.asi.ksu.edu/cattlemensday)

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**The Cost of Overwintering Open Cows**

As winter in the Midwest begins in full force, one of the more important decisions for producers is whether or not to continue feeding open cows throughout the winter period in hopes of attaining higher market value for that animal in the spring. This decision must be analyzed based on each individual’s location and access to feed and labor. Typically, the cull cow market reaches a seasonal low in November and December due to the large influx of cull cows and cull bulls on the market. Following the 1st of the year, the market routinely increases and reaches a high in July and August.  

([Continue reading article](#))
Family and Consumer Sciences

Holiday Recycling

According to Stanford University, Americans throw away 25% more trash during the Thanksgiving to New Year's holiday period than any other time of year. The extra waste amounts to 25 million tons of garbage, or about 1 million extra tons per week! Learn more about recycling your holiday waste here.

Watch our Facebook Page for more information on county-wide recycling!

Radon 101

The primary concern associated with long-term exposure to elevated indoor radon levels is increased risk of developing lung cancer at some point in your life. Radon exposure in your home is the second overall cause of lung cancer death behind tobacco smoking in the United States, and the leading cause of lung cancer death for non-smokers.

The Kansas Department of Health and Environment ( KDHE ) estimates that as many as 200 new cases of radon-related lung cancer occur each year in Kansas.

Pick up a Radon Test Kit for $7.00 from our Office today!

Learn more about radon here.

Sound Living

with Jeff Wichman

A PUBLIC AFFAIRS PROGRAM FROM

K-STATE
Research and Extension

Family and Consumers Podcast,
Winter Weather Safety

EZ Does It Video Recipe of the Month:
Lentil Chickpea Stew
Preserve It Fresh, Preserve It Safe

This newsletter is a bi-monthly publication of K-State Research and Extension and University of Missouri Extension to provide information on safe food preservation.

November/December Newsletter

You Asked It!

This is a monthly newsletter published by K-State Research and Extension's Rapid Response Center with news articles based on questions received, current food safety issues, or information based on the time of the year.

December Newsletter

Join us in celebrating Family and Consumer Sciences Day by “Dining In” for Healthy Families! #FCSDAY #healthyfamselfie

ServSafe Food Handlers Training

Monday, January 6, 2020
6:30 - 8:30 PM
Marion Community Building
(202 N. Third St, Marion, KS)
Register by January 3rd @ https://tinyurl.com/MarionCoServSafe
Registration Fee: $15.00 (Includes: Handbook & Certification)

The Center for Disease Control (CDC) estimates that each year roughly 1 in 6 Americans gets sick, 128,000 are hospitalized, and 3,000 die of foodborne diseases. The ServSafe® program is a national certification program designed to teach safe handling practices to people who handle and serve food to the public. The ServSafe® program is provided by K-State Research and Extension in partnership with the Kansas Restaurant and Hospitality Association.
The Kansas Junior Producer Days will be hosted in February and March 2020 on the Kansas State University campus in Weber Hall. Since 2020 is an even year, we will host beef and sheep junior days. These events are one-day educational programs for youth, parents, project leaders, and agents to learn about selecting and managing a youth livestock project. For both days, tentative topics include selection, nutrition, meat science, health, and showmanship. There will also be an opportunity for youth to become certified in Youth for the Quality Care of Animals (YQCA), which is the new, national, multi-specie youth livestock quality assurance program. The YQCA session will take place at the conclusion of each junior producer day.

Junior Beef Producer Day: Saturday, February 29
Junior Sheep Producer Day: Saturday, March 14

Registration information will be released later this fall, so watch the Kansas State Youth Livestock Program Facebook page and website (www.asi.k-state.edu/research-and-extension/youth-programs) for further details!
You can still enroll for the 2019-2020 4-H Year!
Go to: https://ks.4honline.com
Community leaders and project leaders also need to reenroll.
Visit our website for 4-H Online Instructions!

Kansas 4-H Day
with Wildcat Women’s Basketball
Sunday, March 8 @ 2:00 PM
KSU vs KU
MORE INFO TO COME!

Get ready! It’s all coming up!
January 18:
SELF: Southeast Youth and Volunteer Leadership Forum. (Emporia)
More info to come!

January 24:
Horse Panorama at Rock Springs. Rules and registration info will be posted shortly.
Registration is due January 15th

Citizenship in Action
WHAT: Participants will get an up-close look at the legislative process, including a tour of the Capitol building, tips on how to meet and talk with their legislators, and a discussion on how youth can have a greater impact in their communities. Youth are also encouraged to schedule individual meetings with their local legislators.

WHEN: Feb. 17-18. It is open to youth who will be 13-18 years old prior to Jan. 1, 2019.

WHERE: Kansas Capitol building in Topeka
Registration deadline is Feb. 1st.
Registration and scholarship information available online at www.Kansas4-H.org.

Be sure to check out the Marion County 4-H Update and the Kansas 4-H website for upcoming events!
The Marion County Extension Office would like to say thank you to the many supporters and dedicated volunteers that make our programs successful. We hope you have a great holiday season!

-Rickey, Tristen, Myrta, Jana, Erin

Upcoming Events

December 3—FCS “Dining In” Day
December 24 & 25—Office Closed
January 1—Office Closed
January 6 — ServSafe Food Handlers Training
January 13—4-H Council Meeting
January 18 — SELF: 4-H Leadership Forum
January 20—Office Closed
January 24— 4-H Horse Panorama